

afrika  
**KUSINI** 

AROMA • DAY • SPA



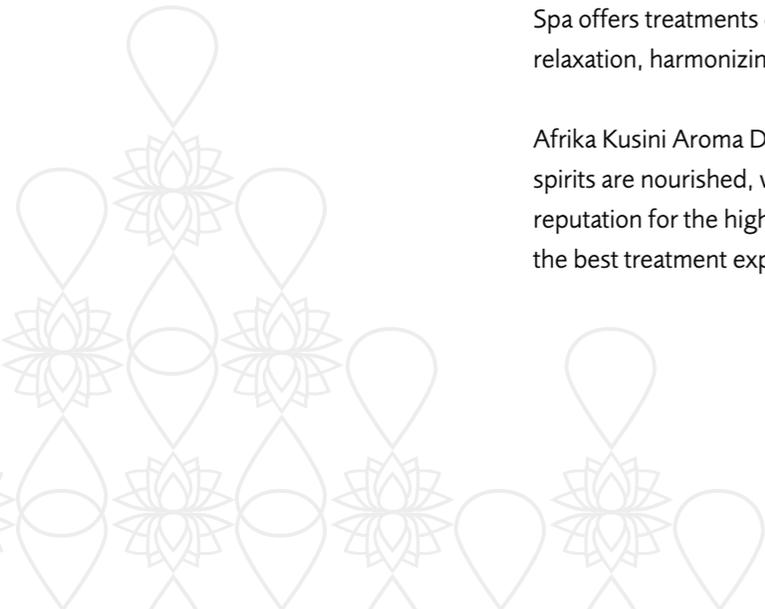
*Rejuvenate your body mind and soul*

# *a perfect retreat*

Allow yourself to be transported into another world... Afrika Kusini Aroma Day Spa offers you a unique East Africa experience blended with the traditional ancient art of sensory healing.

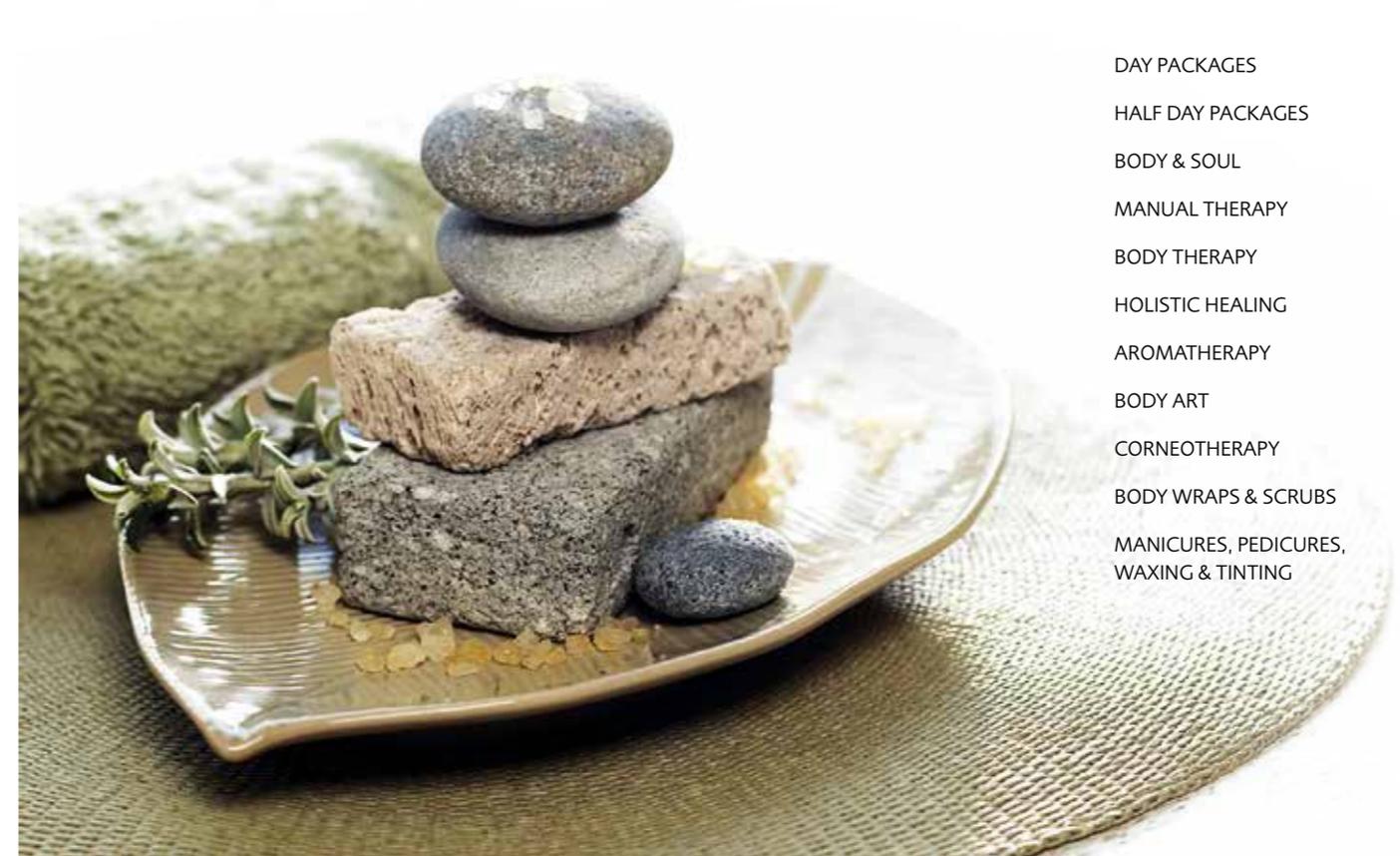
Drawing inspiration from Mother Africa, Afrika Kusini Aroma Day Spa offers treatments designed to restore vitality, bringing complete relaxation, harmonizing the mind, while reviving and balancing.

Afrika Kusini Aroma Day Spa is a place where minds, bodies and spirits are nourished, where your well-being is our first priority and our reputation for the highest-quality professional spa services assures you the best treatment experience.



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# Day Packages

## All about you R2 600,00 | 4 HOURS

Whether a birthday, engagement, anniversary – or any special day – mark the occasion with this uniquely focused treatment. This package is all about you!

- 60 Min Relaxing Broad Stroke Massage
- Hot Stone Massage on Back, Shoulders and Neck
- Customized Facial, especially designed for your needs
- Luxury Spa Pedicure
- Served with a glass of House Cellar Wine & Chocolates

## Purification Spa R3 500,00 | 4 HOURS

Restart anew by exorcising your toxins! This package is designed for the spa connoisseur who wants to detoxify, eradicate tension, release blocked energy and feel completely renewed & liberated.

- Detox Green Tea & Health Breakfast on arrival
- 90 Min Hot Stone Full Body Massage with Indian Head Massage
- Lemon Water
- Full Body Dry Brushing
- Detoxifying Body Wrap & Outdoor Shower
- 60 Min Body Sculpting Lipocavitation
- 10 Min Power Plate
- Foot Pressure Point Massage
- Customized Facial, especially designed for your needs

## Ultimate MAN! R1 600,00 | 4 HOURS

This package was designed with the guys in mind, from the Deep Tissue tension releasing Full Body Massage to the Reflexology for tired, aching feet. A relaxing back scrub followed by an Indian Head Massage complete this Ultimate MAN day!

- 60 Min Deep Tissue Full Body Massage
- Indian Head Massage
- Relaxing Back Scrub
- Reflexology
- Served with Coffee & Chocolates

## Kalahari Dune R1 600,00 | 4 HOURS

A complete revitalizing ritual combining the healing properties of magnesium with a trigger point full body massage including an Indian head massage.

- Magnesium Full Body Scrub
- Absorption Body Wrap
- Refreshing Outdoor shower
- 60 Minute Deep Tissue Massage
- Caffeine infused oil Indian Head Massage
- Express Foot Reflexology Treatment
- Moisturizing Geranium Body Butter
- Served with Coffee
- Spa lunch optional add – Spa Menu

## Spa Time R1350,00 | 4 HOURS

Time to relax and forget about the daily grind. Find your inner peace in this spa package, a complete body experience.

- 20 MIN Indian Head Massage
- 60 MIN Swedish Full Body Massage
- 60 Min Kusini Facial
- Spa Pedicure/Manicure

# Half Day Packages

## Melt Away R1 400,00 | 2 HOURS

A no-brainer for headache relief, this massage uses techniques to melt headache pain and tension away and uses Afrika Kusini's very own Menthol Lavender Body Butter.

- 60 Minute Intensive Menthol Upper Body
- Hot Herbal Steam Towel Treatment
- Express Reflexology for Hands & Feet (specifically for headache relief)
- Afrika Kusini Magic Mint Scalp & Cranial Massage
- Served with Peppermint Tea & Chocolates

## Couples R1 400,00 | 2 HOURS

Relax with a friend or significant other in our Couples Room. Choose from Swedish, Deep Tissue or Sports Massage. A couples massage is the perfect gift for a birthday, anniversary or that couple that has everything!

- Choose a Swedish, Deep Tissue or Sports
- Hot Herbal Steam Towel Treatment on Feet
- Medi Heel Treatment
- Spa Lunch



# Body and Soul

## Fit for Royalty R3 000,00 | 2 HOURS

From the moment you arrive you will be transported to a kingdom of relaxation. Double indulgence at the hands of two therapists for two hours. Catering to your every need.

- 4 Handed Full Body Massage
- Hand & Arm Massage
- Hot Towel Treatment
- Wild Mint Scalp Massage
- Relaxing Foot Reflex Pressure Point Massage

## Rebalance R2 550,00 | 3 HOURS

A relaxing session designed for restoring balance. Your treatment begins with a Mud Wrap detoxifying ritual followed by a refreshing Outdoor Shower. After refreshing you will be treated to a relaxing Back Massage focusing on the neck and shoulders followed by our signature youth restoring express anti stress facial.

- Full Body Scrub & Outdoor Shower
- Back Massage & Express Anti Stress Facial
- Served with Chai Tea & Chocolates.

## Aglow Full Body R2 550,00 | 4 HOURS

Metamorphosing ritual encompassing a complete full body submersion into newness...

- Full body scrub
- Outdoor shower
- Classic Kusini Facial
- Spa Manicure or Spa Pedicure

## Mommy Indulge Full Body R1 050,00 | 2 HOURS

Mom's nurturing experience includes everything she needs to relax, feel calm, and escape for a little while. She'll choose full body, legs & feet or back neck & shoulders for her massage – with oils of lavender, grapefruit, coriander & vitamin E (pregnancy safe), with 45 min of additional Afrika Kusini pampering.

## The Quickie Massage R150,00 | 30 MIN

A full body massage using our powerful electronic massager. Quick & invigorating!

## Personal Journey R 950,00 | 3 HOURS

R 1550,00 | 4 HOURS

Design your own tailor-made journey. Choose from a range of treatments and pamper yourself. Be sure to inform the receptionist when booking which of the treatments you'd like to experience during your time with us.

# Manual and Infrared Light Therapy

## Energize Massage R540,00 | 1 HOUR

Deeply tissue work at it's best. Our manual therapist will get to the root of the problem & concentrate on Myofascia Release using pressure point & Swedish strokes.

- 60 Minute Massage
- Ideal for athletes, stiff muscles, problem areas, rehabilitation

## Muscula Massage R420,00 | 45 MIN

Intense muscle reconditioning using pressure points, deep tissue and soft tissue techniques.

- 45 Minute Massage
- Ideal for athletes, stiff muscles, problem areas, rehabilitation
- Focus on specific areas: gluteus/hamstrings/back shoulders/neck
- Decide beforehand.

## Sports Back Massage R450,00 | 1 HOUR

Relief from tension and tight muscles. This is no ordinary back massage. Our trained therapist will use deep tissue pressure techniques and a power massager to relieve tight muscles.

## Migraine Relief R350,00 | 60 MIN

An intense session focusing on headache trigger-points. Using the power of Magnesium oil, Menthol & other Aroma oils to bring relief.

- Ideal for tension headache sufferers
- Relief from stress induces stiff neck & back muscles
- Facilitate muscle realignment & stretching
- Preventative, ideal to stop the onset of tension headaches.

## RED Light Healing Session R150,00 | 20 MIN

RED light therapy provide relief from chronic and acute pain including muscle pain, joint pain, arthritis, high blood pressure, tissue and nerve damage, and can decrease injury healing time. Infrared light penetrates below the surface of skin to speed up healing time. RED light has the ability to stimulate the production of ATP, an important source of energy in body tissues. This allows ATP to promote rapid action by the body's defenses. ATP helps to increase blood circulation, which reduces swelling and inflammation. Increased blood circulation can benefit those with high blood pressure because good circulation allows the heart to do less work. RED light activated ATP stimulates white blood cells that work to repair damaged tissues, and increases collagen production that builds elasticity in the skin and can aid in wound healing. ATP also activates endorphins that provide soothing relief from chronic and acute pain.

RED light therapy triggers the body's own defenses, it actually treats the sources of pain and doesn't just mask the symptoms. RED light therapy provides relief from pain and discomfort without the side effects of pharmaceutical drugs or surgery.

## Extra Time R120,00 | 15 MIN

Need more time to focus on a specific area? Add 15 min onto any session. Please check with your therapist when booking.



# Body Therapy – Massage

## Refocus Back Massage

R260,00 | 30 MIN

A relaxing back, neck and shoulders focusing on

R380,00 | 45 MIN

Relaxing affluence strokes with moderate pressure.

R500,00 | 60 MIN

## Ahhhhh..... Full Body

R500,00 | 1 HOUR

A dual therapist treatment including an Indian Head massage and relaxing foot pressure point & ankle massage.

- Tension relieving Indian Head massage
- Deeply relaxing
- Unwinding

## Mum to Be Back Massage

R380,00 | 1 HOUR

A gentle relaxing treat for the mum to be, combining relaxing strokes and healing touch to relieve tired muscles.

## De-stress Full Body

R530,00 | 1 HOUR

Relax while expert hands ease stress-related knots & tension. Experience the healing touch of anxiety relieving massage.

- 60 Minute Massage (Pressure point)
- Medium intensity
- Relaxing

## Healing Hands

R85,00 | 15 MIN

A gentle relaxing hand & forearm massage, focusing on gently relieving pressure & relaxing tense muscles.

- ideal for tired hands
- energizing & relaxing
- de-stressing
- can be added on to any other treatment

## Eye Massager

R60,00 | 10 MIN

An invigorating tension easing eye massage using a specialized electronic massager. Ideal for product absorption and relieving eye tension.

## Soy Candle Massage

R630,00 | 1 HOUR

A combination of massage techniques including an Indian Head Massage for those who want to experience various types of massage. This massage incorporates the use of a soy wax massage candle to gently warm and moisturize the skin. The gentle fragrance transports you into a world of relaxation and tranquility – renewing your senses, balancing your world.

## Swedish Full Body Massage

R420,00 | 1 HOUR

Long gliding strokes relaxes the muscles returning energy to the heart.

- Deeply relaxing
- Soothing



# Holistic Healing

## Reflexology Foot Massage

R395,00 | 45 MIN

A specialized foot massage focused on tension relief & pressure points. An alternative holistic massage used to highlight health issues in the body

- Insightful
- De-stressing
- Headache reliever
- Relaxing
- Immune boosting
- Energizing

## Lymph Drainage Full Body

R660,00 | 1 HOUR

Also known as manual lymphatic drainage (MLD) is a highly specialized & gentle massage technique used to increase lymph flow & encourage the natural drainage of the lymph from the body tissue. A safe and effective technique used for:

- Lymphedema
- During illness
- Rehabilitation
- Fibromyalgia
- Swollen limbs
- Post surgical
- Arthritis flare up

Can be combined with decompression therapy or Red Light Therapy for a holistic package.

## Decompression Therapy

R450,00 | 60 MIN

Helping your body to naturally remove fluid /toxin build up causing fluid retention, localized swelling & pain.

## Immune Boost Back & Legs Massage

R450,00 | 1 HOUR

Using Tea Tree and other immune boosting oils to support the immune system.

- 60 Minute relaxing gentle massage

## Tired Legs & Feet Massage

R350,00 | 40 MIN

An invigorating foot & leg treatment combining manual lymphatic drainage with a muscular aches & pains body oil.

- Pregnancy safe
- Highly relaxing
- Instant relief
- Can be combined with compressor socks (arrange beforehand)

## Hot Stone Full Body

R650,00 | 70 MIN

Using smooth heated stones that allow the therapist to work on deep muscles either as an extension of her hands or by placing them on the body.

- Deeply relaxing
- Healing
- Gentle

## Hot Stone Back Massage

R350,00 | 40 MIN

Focusing on heating and releasing deep tension the therapist will gently work with the natural flow of the muscles to bring a relaxing deep tension relieve.

## Indian Head

R120,00 | 20 MIN

Experience self-indulgence & allow yourself to be transported into a stress-free extra relaxing scalp massage.

## Extra Time

R120,00 | 15 MIN

Need more time to focus on a specific area? Add 15 min onto any session. Please check with your therapist when booking.

# Aromatherapy and Rejuvenation Therapy

## Full Body

R650,00 | 60 MIN

A gentle broad stroke relaxing massage, utilizing the power of essential oils to achieve maximum results. Choose from :

- RELAXING – Chamomile, Neroli & Lavender
- UPLIFTING – Sage, Rose & Jasmine
- MOISTURIZING – Mandarin, Jasmine & Avocado
- DETOX – Juniper, Rosemary, Ginger & Lemon
- SLIMMING – Lemongrass, Patchouli & Fennel
- LYMPH – Ginger, Black Pepper & Chamomile
- IMMUNE – Tea tree, Thyme & Lavender
- SPORT – Magnesium, Ginger & Chamomile

## Personal Session

R350,00 | 30 MIN CONSULTATION

Discuss your unique health requirements with our Aromatherapist. Specializing in everyday ailments including skin care, hair care, foot care, colds & flu, insomnia, stress, hormonal & wellness.

Your Therapist will blend an unique oil based on your consultation which you will take home to further your treatment protocol. Price of blend excluded.

## Customized Aromatherapy Protocol

R450,00 | 60 MIN PER SESSION

Based on your personal session with our Aromatherapist a detailed multi day protocol will be worked out and customized to your needs.

## RED Light Rejuvenation Sessions

R150,00 | 20 MIN

3 SESSIONS R450,00 | 1 WEEK

6 SESSIONS R900,00 | 2 WEEKS

8 SESSIONS R1200,00 | INTENSE 2 WEEKS

Red Light Therapy is a safe all natural process the encourages your body to naturally produce enzymes, elastin fibers, and collagen that support the skin's structure. Thus producing a younger smoother firmer feeling skin.

- Makes your skin look and feel younger
- Firms and tones skin
- Relieves joint pain
- Dramatically reduces wrinkles & fine lines
- Helps damaged skin heal up to 200% faster
- Eliminates stretch marks in most clients
- Greatly reduces scarring
- Evens out pigmentation
- Effective treatment for acne
- Restores moisture to the skin
- Repairs sun damaged skin
- Effective treatment for Psoriasis & Eczema



# Body Art Mendi/Henna Art

Choose from a variety of designs including traditional Indian Mendi, Māori, Gothic or Funk.

## Hand or Arm

- single hand or arm R250,00 | 1 HOUR
- combination of arm and hand R550,00 | 2 HOUR

## Tummy/Back

R420,00 | 1 HOUR

From bejewel floral to Māori. Wear your skin with pride.

- great attention grabber
- elegant sensational back highlighter for special events
- pregnancy photo-shoots

## Foot

R250,00 | 1 HOUR

Go Barefeet!

Beautiful spirals, teardrops, flowers, swirls, dots and circles make this a sure favorite.

## Simple Custom Design

from R50,00 – R400,00 | 15 MIN





# Corneotherapy

## The Kusini Facial

Corneotherapy treatment is centred on recovery of the Stratum Corneum. The stratum corneum, once seen as a layer of 'dead' cells whose sole function was to provide an impermeable barrier, has suddenly come 'alive'. While the Stratum Corneum consists of cells not capable of dividing & multiplying, it is far from being static tissue. Rather, it is dynamic and complex. The formation of this horny layer involves many highly orchestrated metabolic enzymatic functions.

Myriads of studies over the last 50 years have shown with certainty that the Stratum Corneum has diverse and numerous functions all being essential for maintaining cutaneous homeostasis.

Corneotherapists will only use customised, pure ingredients in their skin care products that can individually adapt to treat specific skin problems.

Think of it as bespoke skin care.

At Afrika Kusini we combine the power of Aromatherapy with Corneotherapy to deliver a powerful skin renewing regime in every facial.

Harnessing the power of ancient herbal traditions and essential oils we have designed facials suited to every need. Each session with us will be customised around your specific skin needs.

## Deluxe Anti Aging

R580,00 | 60-90 MIN

The infinite replenishing treatment, assisting in reducing fine lines & wrinkles implementing specialized boosters & serums to combat the signs of aging.

- ideal for mature skin
- deep nourishing
- highly moisturizing
- customized to your skin need
- clairsonic cleanse
- photon LED serum infusion

## Vitamin Facial

R650,00 | 60-90 MIN

Infusing your skin with antioxidants & vitamins to activate cell turnover & skin rejuvenation.

- deep penetration of vit A, E & C
- ideal for mature skin
- fights wrinkles
- includes a photon absorption session
- can form part of a monthly maintenance program
- skin tightening & firming

## Anti Stress Facial

R450,00 | 30 MIN

The ultimate quicky. Experience an express facial boost customized to your specific skin concerns in just 30 min

- cleanse
- tone
- exfoliate/mask
- moisturize

Ideal for a quick pick me up!

## Moisturizing Galvanic Facial

R650,00 | 60 MIN

The perfect treatment for dry, sensitive skin needing intensive hydration and a moisture boost as well as a gentle oil extraction.

- gentle & stimulating
- ideal for sensitive skin
- ideal for acne skin
- moisturizing & cleansing

## Galvanic Purify Facial

R580,00 | 60-90 MIN

Recommended for those with oily, acne and skin prone to break out. Focussing on detoxifying using imported French Clay and Charcoal to eliminate dirt & cleanse away oil build up.

- ideal for oily skin & acne
- deep detoxifying
- can be combined with a photon session
- tightens pores

## Lymph Clearing Facial

R670,00 | 60-90 MIN

Focussing on rebalancing the underlying tissue and dealing with inflammation and puffiness this facial focusses on MLD (manual lymph drainage) to bring relief and reveal a lasting glow

- ideal for sinus sufferers, puffy eyes & brows
- migraine sufferers
- deep detoxifying
- can be combined with a photon session

## Teen Facial

R380,00 | 1 HOUR

A quick revitalizing cleansing facial focussing on extraction, exfoliation and moisturizing.

- ideal for normal skin
- deep nourishing
- highly moisturizing
- customized to your skin needs

## Purity Men's Facial

R450,00 | 45 MIN

Anti-Fatigue and energizing facial, specifically for men.

## Photon add on

R180,00 | 10 MIN

Photon therapy uses the natural healing power of light to treat inflammation & acne, by using the latest in LED technology. Exposing light to the skin surface activates the skin's photoreceptors and let the skin cells absorb its energy. It accelerates cell biochemical circulation and stimulates the production of collagen.

- anti inflammatory
- ideal for rosacea, acne & sensitive skin
- natural healing process activation
- collagen activation

## Clairsonic add on

R130,00 | 10 MIN

Using the penetrative energizing action of combined Sonic & Vibration therapy to gently exfoliate & renew the dermis.

- ideal for dull skin
- deep cleansing
- pore reduction
- collagen activation
- skin firming

## Collagen Light Session

R150,00 | 20 MIN

Complete body rejuvenation & wrinkle reduction through collagen stimulation – see results in 2 weeks.

## RF Non Surgical Facelift

R450,00 | 1 HOUR

RF is completely non-invasive. This stimulates collagen production, which triggers ongoing lifting and skin remodeling to tighten skin as the energy shrinks fat cells by causing them to extrude their fatty acids.



# Body Treatments

## Body Wraps

Pure indulgence! Our re-energizing scrubs are the perfect skin renewal regime. Using the gentle exfoliating power of dead sea minerals, Himalayan sea salt, magnesium & essential oils to reveal glowing skin. Choose from:

### Marine Algae Wrap

R680,00 | 90 MIN

This wrap harnesses all the incredible detoxifying benefits of seaweed. After a relaxing shoulder massage the body is exfoliated using a caffeine infused body scrub, adding to the detoxifying process and preparing the skin by increasing circulation. There after the Marine Algae Wrap is applied, infusing its' minerals, vitamins and micro-nutrients into the body. This wrap increases circulation, activates de-toxing, re-lieves aches and pains, improves skin condition. Leaving you with a general sense of well being and health.

### Body Package

R1020,00 | 2 HOURS

Exorcise your toxins! This super strength atonement is especially designed to detoxify, eradicate tention, relax and unwind leaving you feeling completely renewed. After this spa package you will feel completely renewed!

- 45min Body scrub
- 20 min Thermal wrap
- full body massage

### Relaxing Scrub

R650,00 | 90 MIN

This ultra-relaxing treatment combines aromatherapy with a marine body wrap to improve health and well being. After a welcome massage to soothe tensions, the Therapist

performs reflex techniques on the feet. The natural marine mud is enhanced with essential oils and applied to the body. You will be wrapped in a thermal blanket while it infuses its benefits. After the wrap is removed, a light massage is carried out with the chosen blend of essential oils.

### Detox Wrap

R490,00 | 90 MIN

A rapid detox treatment. This body wraps features detoxifying seaweed combined with refreshing and stimulating essential oils of Peppermint and Lavender to eliminate excess fluid and relieve tired and heavy legs. After the wrap is removed, a relaxing massage is carried out using oil specially blended for detox.

### Kusini Mud Treatment

R330,00 p.p | 30 MIN

The Kusini Mud Treatment is a detoxifying cleansing ritual. This self application of salt and mud detoxifies and rejuvenates the body.

- self application
- outdoor shower
- ideal for couples or spa add ons

*Enquire about our Body Sculpting Lipocavitation Slimming Solution at Reception.*



## Hands & Feet Beauty Treatments

The finishing touches for a beautiful, well groomed hands and feet.

Medi-Hand Manicure	R270,00   60 MIN
Medi-Heel Add on	R90,00   15 MIN
Nailcare & Gel Polish Manicure	R300,00   45 MIN
Gel Polish Add on	R150,00   45 MIN
Gel Polish Removal	R80,00   20 MIN
Paraffin Wax	R100,00   15 MIN
Revarnish Touch up	R110,00   15 MIN

## Manicures & Pedicures

Manicure	R150,00   40 MIN
Pedicure	R170,00   40 MIN
Gel Envy UV Manicure	R210,00   45 MIN
Gel Envy UV Pedicure	R210,00   45 MIN
Deluxe Spa Manicure	R300,00   70 MIN
Deluxe Spa Pedicure	R 310,00   70 MIN
Combo Mani & Pedi	R320,00   60 MIN
Combo Gel Envy Mani & Pedi	R390,00   90 MIN

Manicures & Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnish of the nails. Gel Envy Manicure & Pedicures utilizes a specialist gel like varnish that can be removed at home but is cured with a UV lamp. In addition to our basic manicure/pedicure, deluxe treatments include an exfoliation foot bath, cuticle toner mask treatment and a relaxing hand/foot massage.



## Spa Tinting

Lash Tint	R75,00   25 MIN
Brow Tint	R95,00   15 MIN
Lash & Brow Tint	R165,00   30 MIN

## Spa Waxing

Face	R85.00
Brow Lip or Chin	R35.00
Fingers or Toes	R30.00
Arm	R80.00
Underarm	R85.00
Bikini	R86.00
Brazilian	R140.00
Back or Chest	R180.00
Full Leg	R160.00
Full Leg including Bikini	R280.00
1/2 Leg	R110.00

## Sunkissed

Sunbed Session	R80,00   10 – 30 MIN
Sunbed Package	R500,00   10 SESSIONS
Spray tan	R290,00   1 APPLICATION

# Afrika Kusini Products

All our products are hand blended by our onsite Aromatherapist and are available through our retail premises. Our range include shampoos, conditioners, room sprays, therapeutic bath salts, handmade soaps, body butters and many more.

If you have a specific aroma request please feel free to book a consultation to discuss your specific needs.

**AFRIKA KUSINI AROMA DAY SPA**  
**42 Kenton Road, the Basement @ the House Planner,**  
**Kenton-on-Sea, 6191, South Africa**  
**+27 73 111 5540 | [www.afrikakusini.com](http://www.afrikakusini.com)**

## **TERMS & CONDITIONS:**

**OPENING HOURS:** Monday - Friday 8:00 - 17:00. Saturday & Sunday - 9:00 - 14:00

**BOOKINGS:** A 25% surcharge will be levied on rates for appointments made outside of the normal working hours. Walk-ins are welcome (subject to availability). Treatments by appointment – booking essential.

**BOOKING TIMES:** Please arrive 15 min prior to your treatment to allow for pre-treatment consultation and preparation. The order of treatment may change at the discretion of the spa without prior notice. Late arrivals treatment time will be reduced accordingly but will still be charged at full price.

**BOOKINGS TERMS:** We reserve the right to cancel your appointment and book waitlisted clients, should you be 15 min+ late without notifying the spa. No treatment will be done without the clients signature and completion of the indemnity & consultation forms.

**GROUP BOOKINGS:** We require a 50% deposit on group/corporate bookings.

**CHILDREN:** Children under the age of 12 must be accompanied by a parent/guardian for the full duration of the treatment.

**GRATUITIES:** Gratuities are discretionary and are not included in the treatment price.

**SPA MEMBERSHIP:** Regular clients may apply for our spa membership and receive up to 25% discount on specific treatments as well as enjoy exclusive benefits. Gym Clients are required to pay all membership fees upfront by the 5<sup>th</sup> of each month subject to their gym contract terms. Prices and other details are subject to change without prior notice.

**RIGHT OF ADMISSION:** The spa reserves the right of admission. All clients are asked to be considerate and mindful of other clients during their time at the spa.

**CANCELLATION POLICY:** Bookings cancelled with less than 6 hours notice will be charged at 50%. Full treatment charge will apply for non-arrivals