

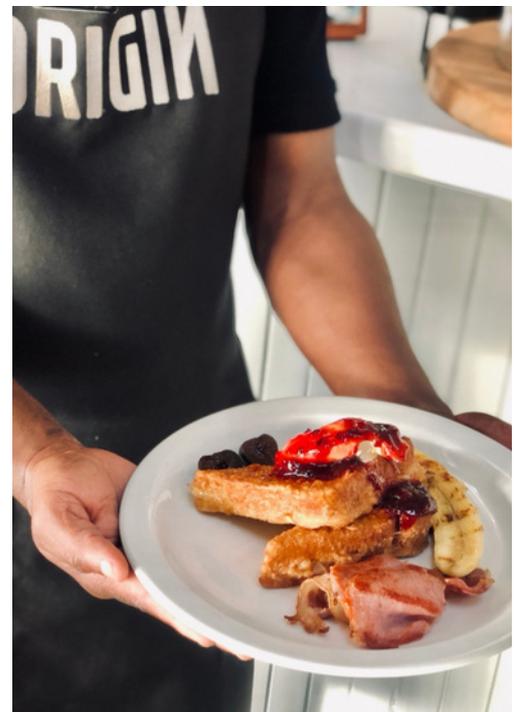
# breakfast!

the **house**kitchen

served from 07h30 - 11h30

\*Artisan toast is a choice of Ciabatta/Sourdough/Seed Loaf/100% Rye

<b>Eggs on Toast</b>	55
Two eggs any style on two slices of artisan toast	
<b>Smashed Avo on Toast (Seasonal)</b>	65
Mashed avo with a dash of lemon and salt & pepper on one slice of artisan toast - add one poached egg ( +6 )	
<b>Breakfast Wrap</b>	85
Scrambled egg, bacon and cheddar cheese folded in a tortilla wrap	
<b>Health Breakfast</b>	90
Seasonal fruit served with double thick plain yoghurt on granola and a side of honey	
<b>Full House Breakfast</b>	105
Two eggs any style with bacon, pork sausage, fried tomato topped with fried onion and a side of mushrooms & baked beans, accompanied with artisan toast	
Or have a <b>half house</b> (half of the above)	70
<b>French Toast</b>	95
Two slices of french toast served with bacon, fried banana, creme fraiche, green figs and berry compote	
<b>Mediterranean Breakfast - served all day</b>	100
Ciabatta toast with mixed peppers, feta, cherry tomatoes, onions mushrooms, basil pesto, avo (seasonal), drizzled with salad dressing	
<b>Mexican Bean Bowl</b>	65
Sweet potato, cherry tomatoes, black beans, mushrooms, rocket and two poached eggs, all drizzled with a chilli sauce	
<b>Vegan Breakfast</b>	82
Toasted sourdough with hummus, spinach, grilled cherry tomatoes, mushrooms & mixed seeds	
<b>Berry Nice Quinoa</b>	52
Quinoa in almond milk served with berries, pecans and greek yoghurt	
<b>Eggs Benedict</b>	
One poached egg, spinach, hashbrown, hollandaise sauce with	
<b>Bacon</b>	80
<b>Smoked Salmon</b>	115
add a slice of artisan toast	+12
<b>ALTERNATIVELY choose an english muffin instead of hashbrowns</b>	
<b>Salmon Hashbrown</b>	125
Smoked salmon and scrambled egg served on hashbrowns with cream cheese and sweet potato chips - add a slice of artisan toast ( +12 )	
<b>Omelettes</b>	
Served with a slice of artisan toast	
<b>Deluxe</b> - bacon, pork sausage, tomatoes, mushrooms, onion, peppers and cheese	105
<b>Bacon and Cheese</b>	92
<b>Vegetarian</b> - cheese, tomato, peppers, mushrooms, onions	95
<b>Peri-peri Chicken Livers</b>	45
Peri-peri chicken livers served on a slice of ciabatta - add one egg (+6)	
<b>Breakfast Toasties</b>	65
Toasted on white or brown bread, Served with rustic chips	
Bacon and fried egg	70
Bacon and cheddar cheese	+20
<b>OR</b> have it with Ciabatta/Sourdough/Seed Loaf/100% Rye	



*start your day the right way!*

*lunch !*

the  
**housekitchen**

all meals below are served from 11h30 - 16h00 on weekdays, 11h30 - 14h00 on weekends

<b>Greek Salad</b> Lettuce, tomato, onion, feta, cucumber, olives and spiced roasted chickpeas, drizzled with salad dressing	75
<b>Chickpea Salad</b> Chickpeas, cherry tomatoes, dates, cucumber, feta, onion, red pepper all tossed and seasoned with garlic and squeezed lemon juice	80
<b>Chicken Avo Salad</b> Grilled chicken, avo (seasonal), lettuce, tomato, cucumber, onion and feta, drizzled with salad dressing	92
<b>Chef Salad</b> Creamy tagliatelle pasta, chicken strips, mushroom, feta, caramelised onion, fresh greens & brinjal or avo (seasonal)	120
<b>Vegan Vegetable Bowl</b> Broccoli, cauliflower, baby marrows, butternut and red cabbage all tossed and seasoned with veggie spice and drizzled with tahini	75



## *wraps, toasties, burgers*

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The below meals are served with rustic chips or a side salad

<b>Chicken &amp; Avo Wrap</b> Seasoned chicken strips, avo (seasonal) and mozzarella cheese wrapped in a tortilla wrap with a choice of smokey barbeque or mustard mayo sauce	100
<b>Bacon Chicken Gourmet Wrap</b> Seasoned chicken strips, bacon, brie cheese with caramelised onions wrapped in a tortilla wrap with a choice of plain or smokey barbeque or mustard mayo sauce	110
<b>Vegetarian Chimichanga Wrap</b> Stir fry vegetables, spicy corn kernels, mushrooms and cheddar cheese wrapped in a tortilla wrap	90
<b>Chicken Barbeque Roll</b> Smokey barbequed chicken fillet topped with tomato and red onion in a delicious prego roll	85
<b>Venison Burger</b> Grilled to perfection venison patty, with garnish served in a Ciabattini roll or in a tortilla wrap	85
<b>Vegetarian Burger</b> Grilled sweet potato and black bean patty, with garnish and mustard mayo sauce in a Ciabattini roll	80
<b>Monte Christo Toastie</b> Toasted Ciabatta with bacon, mozzarella cheese and a mustard mayo sauce	80
<b>Chicken and Mayo Toastie</b> Toasted white or brown bread with a delicious chicken mayo center OR have it with artisan toast	60 +18
<b>Open Chicken Pepperdew sandwich</b> Chicken, feta and pepperdew served on one slice of artisan toast	70
<b>Open Chicken Boerenkaas sandwich</b> Chicken, boerenkaas and green fig served on one slice of artisan toast	82
<b>Open Reuben sandwich</b> Ham, cabbage, beetroot and carrot served on one slice of artisan toast	70



# seafood

- Hake** 125  
Grilled or battered 200g hake fillet served with a side salad and rice or rustic chips
- Creamy Mussel Pot** 60  
A delicious creamy half shell mussel pot with a slice of ciabatta either served as a starter or  
Main Meal 105
- Calamari** 125  
Grilled or fried 250g calamari strips served with a side salad and rice or rustic chips
- Queen Prawns** 185  
6 queen prawns with a side of garlic butter sauce served on a bed of tasty spiced rice and a slice of lemon
- Hake Nuggets** 115  
Fried hake nuggets served with rustic chips and a side of tartar sauce
- Herbed Fish Cakes** 95  
Hake fish cakes served with rustic chips and a garnish of salad

# platters

- Anchor Combo** 155  
Grilled or battered hake and fried calamari strips served with chips or salad and a slice of lemon
- Captains Platter for 2** 370  
Hake nuggets, calamari strips, mussels and 6 queen prawns served with chips or rice or salad and a slice of lemon

# kiddies...

- Grilled Cheese** 45  
Toasted cheese on white or brown bread served with a small portion of rustic chips
- Chicken Nuggets** 50  
Chicken nuggets served with rustic chips
- Cheese Grillers** 45  
Cheese grillers served with rustic chips
- Chicken strips** 45  
Crumbed chicken strips served with rustic chips

We strive to use fresh, seasonal, locally sourced ingredients to support local farmers and suppliers.

## FREE WIFI :

Network Name: The House Kitchen

Password: ilovethecoffeehere

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# patisseries

## Scones

With cheddar, creme fraiche and berry compote

45

## Cheesecake

Topped with berry compote

49

## 'Health Cake'

Carrot, baby marrow & cranberry sponge cake with lemon curd and cream cheese frosting

55

## Flapjacks

Three flapjacks with berry compote and creme fraiche

50

## Pancakes

with cinnamon, maple syrup and whipped cream  
with chocolate spread and whipped cream

45

55



# milkshakes

Chocolate / Strawberry / Vanilla / Lime / Bubblegum

40

Kids - same flavours

30

Espresso Milkshake made with Origin Coffee

45

# smoothies

## Berry Smoothie

Mixed berries, banana, honey and double thick yoghurt

55

## Peanut Butter Smoothie

Peanut butter, soya milk and banana

55

## Green Smoothie

Cucumber, mint, spinach, apple, almond milk and honey

70

## Super Smoothie Inspired

Almond milk, dates, spinach, chia seeds and whey powder

55

## Blueberry Flax Superfood Smoothie

Blueberries, flax seed, spinach, double yoghurt and coconut milk

75

## Glow up

Banana, chopped dates, cinnamon, almond milk, coconut milk and ground flax seed

55

## Hangover Hero

Ginger, banana, pear, dates, spinach, almonds, honey and coconut water/milk

65



# smoothie bowls

## Berry Smoothie Bowl

Mixed berries, banana, honey, double thick yoghurt with a side of muesli

80

## Pineapple Smoothie Bowl

Pineapple, banana, mango, granadilla, coconut milk, double thick yoghurt with a side of muesli

80

