



**the house**  
*spa*



*pamper  
yourself*



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PRICELIST  
KENTON-ON-SEA



## Manicures

**Nail Maintenance & Paint - Nail Polish** 45-60min R230  
*Nail file & paint with your choice of Nail Polish*

**Nail Maintenance & Paint - Gel Colour** 60-75min R 300  
*Nail file & paint with your choice of Gel Colour*

**Spa Manicure** 60-75min R500  
*Nail maintenance, exfoliation, mask, massage with your choice of Nail Polish or Gel Colour*

## Pedicures

**Nail Maintenance & Paint - Nail Polish** 45-60min R230  
*Nail file & paint with your choice of Nail Polish*

**Nail Maintenance & Paint - Gel Colour** 45-60min R270  
*Nail file & paint with your choice of Gel Colour*

**Express Pedicure** 60-75min R550  
*Nail maintenance, soak, exfoliation, foot filing, massage with your choice of Nail Polish or Gel Colour*

**Spa Pedicure** 75-90min R600  
*Nail maintenance, soak, exfoliation, foot filing, massage, paraffin dip with your choice of Nail Polish or Gel Colour*

**MediHeel Spa Pedicure** 60-75min R 400  
*Nail maintenance, soak, exfoliation, foot filing, mask, cream application with your choice of Nail Polish or Gel Colour*

## Add on Treatments

**Soak Off** 30-60min R90-R150

## Waxing

### Face

Brow Wax & Shape 20min R110  
Lip Wax 10min R90  
Chin Wax 15min R90  
Full Face Wax 45min R180

### Arms

Full Arm Wax 30min R200  
Underarm Wax 20min R100

### Legs

Half Leg Wax 20min R180  
Quarter Leg Wax 30min R200  
Full Leg Wax 60min R340

### Bikini

Basic Bikini Wax 20min R270  
Brazilian 60min R300  
Hollywood 60min R350

### Eye Treatments

Brow Tint 10min R80  
Eyelash Tint 20min R120

## Exfoliation

*Relax and rejuvenate your senses with a body exfoliation including mask application assisting in removal of dead skin cells, increase blood & lymphatic circulation and hydration.*

Back exfoliation & mask application 30min R460  
Full body exfoliation & mask application 60min R750

## Facials

### Kalahari Skincare Facials

*Kalahari Skincare is known as a phyto-effective product range, developed over years of dedicated research by a team of botanical experts and cosmetic scientists. The highly effective formulations contain superior grade botanical oils and plant extracts from Africa that are compounded together with scientific ingredients from well-known international laboratories. Kalahari Skincare provides visible results and is recommended for all skin conditions.*

*Most of Kalahari Skincare products contains more than 65% natural oils & extracts. Kalahari Skincare have not been tested on animals and do not contain Parabens, Sulphates, Derivates, Isopropylene, Glycol, Formaldehyde or Mineral Oil.*

**Honeybush Skin Treatment** 60-75min R500  
*Deep cleansing, hydrating, moisturising, nourishing. Suitable for all skin conditions including young skin.*

**Lipid Rich Skin Treatment** 60-75min R550  
*Deep cleansing, ultra hydrating, moisturising, restores skin's natural barrier. Suitable for dehydrated, dry, mature and sensitive skin.*

**Phytic Clay Skin Treatment** 60-75min R600  
*Deep Cleansing, boosts collagen stimulation, evens out skin tone, purifies skin, reduces fine lines and wrinkles, firms the skin. Suitable for all skin conditions except sensitive skin.*

**Revitalising Vitagel Skin Treatment** 60-75min R650  
*Deep cleansing, de-aging, ultra rejuvenating, smoothes out skin texture, evens out skin tone. Suitable for all skin conditions except sensitive skin.*

**Vitamin C Skin Treatment** 60-75min R700  
*Deep cleansing, brightening, firming, smoothes out skin texture, evens out skin tone. Suitable for all skin conditions except sensitive skin.*

**D-Age Skin Treatment/TCA Peel** 60min R750  
*Chemical Peel assists with reducing fine lines and wrinkles, evens out skin tone, assists with collagen stimulation, revitalising skin. Suitable for all skin conditions except sensitive skin.*

**Micro Needling Face & Neck** 120min R1000  
*Microneedling is a cosmetic procedure that uses small, sterilized needles to prick the skin. The purpose of this treatment is to generate new collagen and skin tissue to smooth, firm, and tone skin. Microneedling is mostly used on the face and may reduce the appearance of acne, scars, dark spots, wrinkles, and large pores.*

**Dermaplaning** 90-120min R550  
*Dermaplaning is a cosmetic procedure in which the skin is manually exfoliated to remove dead skin buildup and fine hairs. Dermaplaning reduces fine lines and exposes younger skin, promotes collagen production, assists in better product absorption leaving the skin bright and rejuvenated. Suitable for all skin types except active acne.*

*Awaken your senses*

# Massages

## Swedish Massage

*Soft to medium pressure treatment for lymph drainage, increased blood circulation, relaxation.*

Back, neck, shoulder massage	30min	R350
Back, neck, shoulder including		
Back of legs & feet massage	45min	R450
Full body massage	60min	R700
Full body including face & scalp massage	90min	R900
Foot & leg massage	30min	R300

## Deep Tissue Massage

*Firm pressure and slow stroked to massage deep layers of muscle and fascia, which is the connective tissue that surrounds your muscles.*

Back, neck, shoulder massage	30min	R400
Back, neck, shoulder including		
Back of legs & feet massage	45min	R500
Full body massage	60min	R800
Full body including face & scalp massage	90min	R100
Foot & leg massage	30min	R350

# Packages

## Refresh Package

75min R1000

*30 Minute Customized Kalahari Honeybush Skin Treatment.  
45 Minute back, neck, shoulder & scalp massage*

## Relax Package

120min R1100

*60 Minute Kalahari Honeybush Skin Treatment.  
60 Minute Full body swedish massage including scalp massage.*

## The House Spa Journey

240min R1600

*Indulge and treat yourself to our exquisite House Spa Journey Package which includes beverages and a fruit or savoury platter. Create your own package by choosing 3 of the treatments listed below:*

### Back, neck, shoulder massage

*Swedish massage to assist with tension release, blood circulation and induce relaxation.*

### Back Exfoliation including back of legs and feet

*Removal of dead skin cells, increase of blood and lymph circulation following a shower.*

### Express Facial

*Customised Kalahari Skin Treatment including cleansing, exfoliation, masking and aftercare.*

### Express Manicure

*Soak, exfoliation, nail maintenance and your choice of Nail polish or Gel colour.*

### Express Pedicure

*Soak, exfoliation, foot filing, nail maintenance with your choice of Nail Polish or Gel Color.  
Nail maintenance, soak, exfoliation, foot filing, massage with your choice of Nail Polish or Gel Colour*

### Foot and Leg Massage

*Relaxing foot and leg massage to relieve tension, increase blood and lymph circulation*

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*Awaken your senses*

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